

# U.S. Department of Labor

Mine Safety and Health Administration

MSHA's Small Mine Office—Serving the small mines in America



## Week 21

Location: \_\_\_\_\_ Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Duration: \_\_\_\_\_

### 1) Avoid Hand Tool Injuries

- ☐ Use the right tool for the job
- ☐ Keep tools in good working condition and return them to their proper storage place
- ☐ Always use hand tools in the way they were intended

### 2) Personal Protective Equipment

- ☐ Back support belts should be worn when lifting
- ☐ Cinch side straps when preparing to lift
- ☐ Back support belts are no substitute for proper lifting techniques

### 3) Life Jackets or Work Vests

- ☐ Must always be worn when there is a danger of falling into the water. Includes docks, dredge decks, pump platforms, tugs and barges
- ☐ Inspect periodically
- ☐ Replace when torn or defective

Attendees:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employees Comments: