

# U.S. Department of Labor

## Mine Safety and Health Administration



MSHA's Small Mine Office—Serving the small mines in America

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## Week 24

Location: \_\_\_\_\_ Supervisor: \_\_\_\_\_

Date: \_\_\_\_\_ Time: \_\_\_\_\_ Duration: \_\_\_\_\_

- 1) **Dress the Part- “Let’s get it on”**
  - Wear your Personal Protective Equipment where needed
  - Don’t wear loose fitting clothing
  - Gloves should be worn when handling rough or sharp objects
  
- 2) **Chain Hoists and Come-Alongs**
  - Never exceed the Work Load Limit.
  - Match components properly.
  - DO NOT work or walk under a raised load.
  - Avoid impact, jerking, or swinging of loads
  - Inspect equipment at every use and remove from service when damaged.
  
- 3) **First Aid - Infections**
  - For small cuts, abrasions or scratches: clean with soap and water, and cover with clean bandage
  - Medical treatment may be necessary if there is any foreign matter in the wound or there are any signs of infection
  - Report all injuries regardless of how minor they may seem

Attendees:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employees Comments: