

U.S. Department of Labor

Mine Safety and Health Administration

MSHA's Small Mine Office—Serving the small mines in America



Week 29

Location: _____ Supervisor: _____

Date: _____

Time: _____

Duration: _____

1) Containers

- ☐ Containers should have their contents clearly marked
- ☐ Know the correct way to dispose of materials in your area
- ☐ Know the first aid procedures for chemicals in your area
- ☐ Know the location of MSDS sheets and use them

2) Backing Equipment

- ☐ If driving, know where your co-workers are at all times
Don't go into an area where equipment is backing-up
- ☐ Make eye contact with the operators of large equipment before entering their area of operations
- ☐ Don't park service vehicles or your private vehicle behind large equipment. Park in designated parking areas only

3) Lifting Procedures

- ☐ Always use a back support belt when lifting
- ☐ Keep back straight, feet shoulder width apart and bend at the knees
- ☐ Get help when needed

Attendees:

Employees Comments: