

U.S. Department of Labor

Mine Safety and Health Administration

MSHA's Small Mine Office—Serving the small mines in America



Week 30

Location: _____ Supervisor: _____

Date: _____

Time: _____

Duration: _____

1) Working in Hot Weather

- ☐ Drink plenty of water
- ☐ If you feel faint or light headed, sit down in a cool/shady area and drink water
- ☐ Wear clothing that “breathes” and allows moisture to evaporate

2) Electrical Safety

- ☐ Never work on machinery without locking out and tagging out the power source
- ☐ Don't go into electrical switchgear. That's a job for the electrician
- ☐ Replace damaged extension and damaged drop light cords

3) Take a Few Minutes for Safety-General Safety Precautions

- ☐ Always take a little time to assess the task at hand and evaluate potential hazards
- ☐ Think Before You Act – STOP, SCAN, PLAN
- ☐ Always look where you are walking and be aware of your surroundings
- ☐ Never walk under a suspended load
- ☐ If you see a hazard, alert your supervisor and barricade area
- ☐ Always get the proper tools for the job! Before beginning the job, reference maintenance and operating manuals
- ☐ Always wear Personal Protective Equipment

Attendees:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employees Comments: