

U.S. Department of Labor
Mine Safety and Health Administration
Educational Field and Small Mine Services



Location _____ Date _____

Competent Person _____ Duration _____ Time _____

Falls from Equipment

- Always maintain three contact points while mounting or dismounting.
- Keep steps clean and in good condition. [56.14100](#)
- Always look in the direction that you're traveling.
- Be sure the parking brake is set and all blades or buckets are on the ground before dismounting equipment. [56.14206](#), [.14207](#)
- Never attempt to mount equipment in motion or mount equipment without communicating with the operator. [56.9316](#), [.9318](#)

Teamwork

- Keep in mind how your job performance affects others working with you.
- Remember the Golden Rule - "Treat others as you would want to be treated"
- Alert co-workers to hazards and be proactive in preventing accidents.
- Always be ready to go above and beyond the call of duty to protect your fellow miners.
- Safety requires your commitment and responsibility to yourself and your fellow miners. The front page of the MINE ACT OF 1977 states. (It is the responsibility of the mine operator with the assistance of the miners to create a safe working environment.)

Fire Extinguishers

- Once the seal has been broken and the extinguisher partially used, it must be replaced. [56.4203](#)
- Don't try and be a hero! Portable fire extinguishers are for small fires. [56.4200](#)
- Call the Fire Department when in doubt. [56.4330](#)
- Never place yourself where the fire is between you and an exit. [56.4230](#)

Fatalgrams: [56.14100](#); [.14206](#); [.14207](#)

Attendees: