U.S. Department of Labor

Mine Safety and Health Administration





Week 11

Location:	Supervisor:	
Date:	Time:	Duration:
1)	Pry Bars	
	□ Never use screwdrivers as pry bars	
	□ DO NOT strike pry bars with hammer	
	 Be prepared for pry bars to slip; position yourself, so that you maintain balance. Never use a pry bar as a handle for a come-along, use the proper tool for the job. 	
2)	Personal Safety	
	□ Finger rings should be removed while	
	 Long hair should be secured under hard hat to prevent entanglement with moving machinery 	
	 Personal items such as clothing, watches, necklaces, earrings, etc. must not create a entanglement hazard to wearer around moving machinery 	
3)	Hand Safety	
	□ Wear appropriate gloves whenever handling wire, rope, cable, other sharp or hot objects, toxic chemicals, and when welding	
	 Use hand lotion to protect the skin if working with chemicals 	
	□ Watch were you place your hands	
	□ Metacarpal gloves can provide added	hand protection
Attendees:		
Employees C	Comments:	