

U.S. Department of Labor

Mine Safety and Health Administration

MSHA's Small Mine Office—Serving the small mines in America



Week 24

Location: _____ Supervisor: _____

Date: _____ Time: _____ Duration: _____

1) **Dress the Part- “Let’s get it on”**

- ☐ Wear your Personal Protective Equipment where needed
- ☐ Don’t wear loose fitting clothing
- ☐ Gloves should be worn when handling rough or sharp objects

2) **Chain Hoists and Come-Alongs**

- ☐ Never exceed the Work Load Limit.
- ☐ Match components properly.
- ☐ DO NOT work or walk under a raised load.
- ☐ Avoid impact, jerking, or swinging of loads
- ☐ Inspect equipment at every use and remove from service when damaged.

3) **First Aid - Infections**

- ☐ For small cuts, abrasions or scratches: clean with soap and water, and cover with clean bandage
- ☐ Medical treatment may be necessary if there is any foreign matter in the wound or there are any signs of infection
- ☐ Report all injuries regardless of how minor they may seem

Attendees:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Employees Comments: