1) **Dress the Part- “Let’s get it on”**
- Wear your Personal Protective Equipment where needed
- Don’t wear loose fitting clothing
- Gloves should be worn when handling rough or sharp objects

2) **Chain Hoists and Come-Alongs**
- Never exceed the Work Load Limit.
- Match components properly.
- DO NOT work or walk under a raised load.
- Avoid impact, jerking, or swinging of loads
- Inspect equipment at every use and remove from service when damaged.

3) **First Aid - Infections**
- For small cuts, abrasions or scratches: clean with soap and water, and cover with clean bandage
- Medical treatment may be necessary if there is any foreign matter in the wound or there are any signs of infection
- Report all injuries regardless of how minor they may seem

**Attendees:**

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**Employees Comments:**