1) **Ladders**
- Make sure rungs are securely fastened to the ladder rails and not cracked or rusted
- Never stand on the top steps of a ladder
- Remove damaged ladders from service until they are repaired or replaced

2) **Personal Protective Equipment**
- Wear suitable protective footwear—ensure proper fit
- Keep shoes free from grease, oil, and other contaminating material
- Inspect your shoes often and replace as necessary
- Make sure footwear is selected based upon hazard assessment

3) **Rigging for a lift**
- When using an approved lifting chain be certain the links are straight to avoid twisting the links
- When using wire rope slings and chokers inspect for broken strands, discard and replace if damaged
- Use slings and chains that are capable of lifting the load. Know the load amount and rigging limits.

Attendees:

Employees Comments: