1. **Heat Exhaustion**
   - Drink plenty of fluids when working in hot weather
   - Occurs when your body is depleted of fluids
   - Symptoms are dizziness, nausea, and feeling weak
   - Wear light colored clothing on hot sunny days to aid in keeping cool

2. **Housekeeping**
   - Put Trash in proper receptacles (with lids)
   - Clean up grease and spills.
   - Keep your equipment cabs free from trash, bottles and debris that can create a hazard

3. **Overhead Power Lines**
   - Keep all equipment at least 10 feet away from power lines
   - Inspect the route you must travel and ensure clearance is adequate
   - “Mark the Lines” and provide signs warning drivers of the existence of power lines

Attendees:

_________________________________  __________________________________________  ______________________

_________________________________  __________________________________________  ______________________

_________________________________  __________________________________________  ______________________

_________________________________  __________________________________________  ______________________

_________________________________  __________________________________________  ______________________

Employee Comment: