General Safety Rules

1) Never attempt any job if you are in doubt about your safety or the safety of others. Ask your supervisor for help.
   - Do not get on or off equipment while it is moving.
   - “Think Safety in Every Way”
   - Always de-energize equipment before performing work on it—“Lock and Tag Out”

2) Stand on a dry insulating mat when operating an electrical disconnect.
   - Always wear personal protective equipment (PPE).
   - Never place your fingers, hands or other body parts in or on moving/rotating parts of equipment.
   - Do not apply belt dressing to a moving belt conveyor unless you are using an aerosol type dressing from a safe distance from moving parts.
   - Never touch a moving cable – or a stationary cable unless locked/tagged out that is within 10 feet of passing through a sheave or being wound around a drum and wear gloves when do so.

3) Shut off all engines and allow a cool down time before refueling.
   - Do not work on or from raised equipment unless it has been securely blocked.
   - Anyone required to ride moving railroad cars should wear a full body harness attached to the rail car at all times while it is in motion.
   - Always lift with your legs—not your back!! Do not over lift – get help!!

Attendees:

Employees Comments: