Trends in Mortality Patterns Among U.S. Coal Miners Filing for Federal Black Lung Program Benefits, 1970 to 2016

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RATIONALE Coal miners suffer excess mortality from non-malignant respiratory diseases (NMRD), including pneumoconioses and chronic obstructive pulmonary disease (COPD). There is limited evidence of excess mortality from lung cancer and is chemic heart disease as well. The U.S. Department of Labor collects data on coal miners applying for Federal Black Lung Program benefits. Mortality data from this population has never been analyzed before and would be the largest study to date of cause of death in U.S. coal miners. METHODS We obtained cause of death data from the National Death Index on former U.S. coal miners who previously applied for federal benefits and participated in the National Coal Workers' Health Surveillance Program (CWHSP). We characterized proportional mortality from selected underlying causes of death, employing Chi-square tests and logistic regression to test for significant trends across birth cohort and age group. Causes of death examined were non-malignant respiratory diseases, pneumoconioses excluding asbestosis, COPD, lung cancer, and ischemic heart disease (IHD). RESULTS The study population included 34,771 deceased miners who had previously applied for federal benefits between 1970 and 2016 and had participated in the CWHSP. Average age and coal mine employment at time of death was 72 years and 26 years, respectively. NMRD accounted for 20% of the underlying cause of death in this population. Proportional mortality from NMRD increased significantly (p<0.05) among miners aged 65–74 born after 1930 (1930–1939, 28%; 1940–1970, 32%) compared to those born before 1930 (Table 1); a trend observed among deaths from COPD as well. Proportional mortality from NMRD, specifically pneumoconioses, among younger miners (<65 years) increased significantly in the most recent birth cohort compared to earlier birth cohorts. Proportional mortality from lung cancer was significantly elevated among older miners (19%) in the most recent birth cohort (from 1940 onward) compared to miners of the same age in previous cohorts (7-11%). Proportional mortality from IHD decreased significantly over successive birth cohorts. CONCLUSION Proportional mortality from NMRD, and specifically pneumoconioses, increased across birth cohorts, with the highest proportions observed in miners born after 1940. This increase is pronounced among younger miners and may reflect increased mortality from progressive massive fibrosis, which is occurring more frequently and in younger U.S. coal miners. The increased proportional mortality from lung cancer in the most recent birth cohort may reflect exposure to workplace carcinogens (e.g., diesel exhaust, respirable silica) for which further analysis is planned.

Table 1. Distribution of and proportional mortality from selected causes of death among 34,771 deceased U.S. coal miners applying for Federal Black Lung Program benefits, 1970 - 2016.

| Birth Cohort | N | NMRD* | | Pneumoconioses ^b | | COPD | | Lung Cancer ^d | | IHD* | |
|--------------|--------|-------|--------|-----------------------------|------|------|------|-----------------------------|------|-------|------|
| | | n | % | n | % | n | % | n | % | n | % |
| 1889 - 1919 | 14,737 | | 111111 | | 1277 | | | | | 10.70 | |
| <65 | 586 | 59 | 10.1 | 28 | 4.8 | 24 | 4.1 | 76 | 13.0 | 198 | 33.8 |
| 65 - 74 | 4,604 | 691 | 15.0 | 302 | 6.6 | 307 | 6.7 | 544 | 11.8 | 1,392 | 30.2 |
| ≥75 | 9,547 | 2,065 | 21.6 | 800 | 8.4 | 808 | 8.5 | 648 | 6.8 | 2,272 | 23.8 |
| 1920 - 1929 | 10,910 | | | | | | | | | | |
| <65 | 2,581 | 299 | 11.6 | 118 | 4.6 | 141 | 5.5 | 366 | 14.2 | 793 | 30.7 |
| 65 - 74 | 3,533 | 653 | 18.5 | 295 | 8.3 | 293 | 8.3 | 576 | 16.3 | 852 | 24.1 |
| ≥75 | 4,796 | 1,294 | 27.0 | 522 | 10.9 | 549 | 11.4 | 395 | 8.2 | 903 | 18.8 |
| 1930 - 1939 | 4,887 | | | | | | | | | | |
| <65 | 1,995 | 222 | 11.1 | 75 | 3.8 | 120 | 6.0 | 326 | 16.3 | 538 | 27.0 |
| 65 - 74 | 1,623 | 460 | 28.3 | 210 | 12.9 | 194 | 12.0 | 278 | 17.1 | 281 | 17.3 |
| ≥75 | 1,269 | 425 | 33,5 | 171 | 13.5 | 190 | 15.0 | 145 | 11.4 | 170 | 13.4 |
| 1940 - 1970 | 4,237 | | | | | | | | | | |
| <65 | 2,990 | 501 | 16.8 | 214 | 7.2 | 184 | 6.2 | 383 | 12.8 | 542 | 18.1 |
| 65 - 74 | 1,189 | 375 | 31.5 | 150 | 12.6 | 159 | 13.4 | 172 | 14.5 | 145 | 12.2 |
| ≥75 | 58 | 19 | 32.8 | | | | | 11 | 19.0 | * | |

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Frequencies <10 are suppressed.
 Non-malignant respiratory disease (ICD-9 codes 460-519; ICD-10 codes J00-J99)

h Includes coal workers' preumocontosis, silicosis, and pneumocontosis resulting from exposure to inorganic dusts; excludes asbestosis (ICD-9 codes 500, 502, 503, 505; ICD-10 codes 160–162, 164)

^{200, 200, 200, 10, 10, 10} codes 100–202, 204)

Chronic obstructive pulmorary disease, including emphysema (ICD-9 codes 490–492; ICD-10 codes J43, J44.0, J44.1, J44.8, J44.9)

Lung cancer includes ICD-9 code 162; ICD-10 code C34

Ischemic heart disease includes ICD-9 code 162; ICD-10 codes I20 – 125

Bold indicates significantly different (p < .05) from the proportional mortality observed in the age groups in birth cohort 1889 – 1919, as indicated through logistic regression and Chi-square tests.